



WHAT
SOX HOP DISCO PARTY

WHEN
November 5th 8pm-late

WHERE
Seattle Athletic Club Downtown
2020 Western Avenue
Seattle, WA 98121

SIGN UP
Contact: Erica Helsel
erica.helsel@seattlesquash.org
www.seattlesquash.org
907.538.1777

Ages 21 and over only!

Come join us for dancing and fun

Light Buffet
Beer, Wine & Non-alcoholic Beverages provided

Tickets are:
\$30
Includes 1 drink

**Please note:
No hard soled shoes or heeled shoes please!**

**All donations to Seattle Urban Squash, including raffle tickets, are fully tax-deductible*

**SEATTLE URBAN SQUASH 2016
SOX HOP DISCO PARTY**

I would like to register for the SUS Sox Hop Disco Party

1 Ticket \$30 x ___ = \$ ___

I would also like to purchase:

1 Raffle Ticket* \$20 x ___ = \$ ___

5 Raffle Tickets* \$50 x ___ = \$ ___

20 Raffle Tickets* \$100 x ___ = \$ ___

Bought from: _____

SAC Employee Name

Donation to SUS (Thank you!)* \$ ___

Total \$ ___

I prefer to use ___ Visa ___ MC ___ AmEx -or-

Charge to SAC Account # _____
Card number: _____

Exp. Date _____ CVV _____

Name _____

Mailing Address: _____

Signature: _____

Email: _____

Phone Number: _____

Please consider partnering with us to afford those who are underserved in their school and communities. If you would like to know more, please contact us at info@seattlesquash.org or contact Erica Helsel, Executive Director at Erica.Helsel@seattlesquash.org



SOX HOP DISCO PARTY



Seattle Urban Squash
921 N. 82nd Street
Seattle, Washington 98103
info@seattlesquash.org

Seattle Urban Squash is a nonprofit organization based in Seattle, WA that aims to combat inequality in education and narrow the achievement gap between poor and wealthy schools. Our donors and volunteers provide free academic tutoring, squash training, and service learning to a select group of youth from underserved communities in the Seattle area, with the goal of ensuring high school graduation and creating pathways to college. These programs help our students develop confidence, study habits, discipline, work ethic, athletic skills, fitness expertise, and positive social connections.

Our program also aims to reduce obesity in children and teens by promoting healthy eating and frequent exercise. We are proud to be part of the burgeoning sports-based youth development movement in the US, and are unique in that movement due to our dual focus on both academic development through tutoring and sports training.

Our Mission: “To offer a group of underprivileged students year-round intense squash instruction, academic tutoring and community service so that they recognize and fulfill their potential in life as students, athletes and citizens.”

Our Vision: “Impact the lifelong health and wellness of students through commitment, diligence, resilience, integrity and team-work.”

Our Goals: Aim for 100% high school graduation and create pathways to 4-year college.

Thanks to our donors:

In 2013-14 season...

- ~ SUS achieved an increase **from 12% to 63%** of students who exceed grade level in reading;
- ~ **78%** of our students met or exceeded typical growth in math;
- ~ We averaged **95%** attendance over 250 hours of practice, 3 community service projects, and 4 field trips.

In our 2014-15 season...

- ~ All 3 SUS 6th graders achieved above a **3.0** core GPA at the end of their first year of middle school;
- ~ Increase from **1.4** and **2.2** in the first semester

In our 2015-16 season

- ~ All SUS middle school participants raised their math average by 37%
- ~ All SUS students achieved a 3.0 or higher in specific areas of struggle
- ~ We averaged 98% attendance over 250 hours of practice, community service projects and 3 field trips.